



DR SHALU PUNJ

PLASTIC, COSMETIC AND RECONSTRUCTIVE SURGEON

Expertise in Plastic Surgery

- Carried out following operation with 100% success rate:
 - 985+ Hair Transplant
 - 560+ Gynecomastia
 - 285+ Botox and Fillers
 - 163+ Breast Implant
 - 183+ Liposuction
 - 185+ Tummy Tuck
 - 137+ Female Rejuvenation Surgery

Introducing Dr. Shalu Punj

- **MBBS, MS, MCh, Fellowship Cosmetic & Plastic Surgery**
- Dr. Shalu Punj is a renowned cosmetic surgeon practicing in Delhi-NCR. She has completed M.Ch. in Burns and Plastic surgery, M.S. in Gen. Surgery and MBBS from B R Ambedkar University, Agra Uttar Pradesh.
- She is a plastic, cosmetic and reconstructive surgeon trained from one of the most reputed and largest plastic surgery departments in the country Department of Burns, Plastic and Maxillofacial surgery, VMMC & Safdarjung Hospital, New Delhi. Rigorously trained in the management of acute burn and post burn sequel, facial fracture management, trauma and onco-reconstruction, re-implantation and microsurgery, wide variety of congenital malformation. Presently doing private practice in Delhi at Divine surgery clinic dealing with patients seeking variety of aesthetic procedures like hair transplant, liposuction (body contouring), Abdominoplasty, Breast reduction, Mastopexy, Breast Augmentation, Gynecomastia, Vaginoplasty, Rhinoplasty, Blepharoplasty, Face Lift and non-surgical procedures.

Education

- **MBBS** from SN Medical College, Agra B R Ambedkar University Agra (UP) in 2001-2007
- **M.S. General Surgery** from LLRM Medical College, Meerut CCS University, Meerut 2007-2010
- **M.Ch. Plastic Surgery** from Vardhman Mahavir Medical College(VMMC)&Safdarjung Hospital, Delhi Guru Gobind Singh Indraprastha University (GGISPU) Delhi

Experience

- **NOV 2018 ONWARDS –**
- **Super Specialist in Plastic Surgery** Divine surgery clinic, South extension part 2, Delhi
- **APRIL 2017 – OCTOBER 2018**
- **Associate consultant, department of plastic surgery**
- Max super speciality hospital, Vaishali, Ghaziabad
- **AUGUST 2013 – JULY 2016**
- **M. Ch. Resident, Department of Burns, Plastic & Maxillofacial Surgery**
- Vardhman Mahavir Medical College & Safdarjung Hospital, New Delhi, India
- **DEC 2010 – APRIL 2012**
- **Senior Resident, Department of Plastic Surgery**
- GTB Hospital, New Delhi
- **AUG 2007 – JULY 2010**
- **Junior Resident, M.S. General Surgery**
- LLRM Medical College & Hospital , Meerut

RESEARCH AND PUBLICATIONS

- **1.** Research paper during **M.Ch.** on **“EVALUATION OF RISK FACTOR FOR MORTALITY IN BURNS”**
- **2.** **“Orifice preserving double opposing Z Plasty for partial split ear lobe repair: A review of 25 cases ”**– Dermatol Surg. 2018 Feb ;44(2)270-274
- **3.** Research paper during **M.S.** **“EVATUATION OF CLOSED HEAD INJURY AND ITS COMPLICATIONS ”**
- **4.** Presented paper **“Epidemiology of scald injury in tertiary burn centre”** at NABICON 2014 held at Delhi 7th-9th Feb

CONFERENCES/ CME / WORKSHOP ATTENDED:

- 1. LASER IN ACNE WORKSHOP .4th acne India summit 17th march 2019
- 2. 4 TH ACNE INDIA SUMMIT . 17th march 2019 at Delhi
- 3. DERMAFILLERS IN ACNE . 4th acne India summit 17th march 2019
- 4. CHEMICAL PEELS IN ACNE . . 4th acne India summit 17th march 2019
- 5. ISAPS INDIA COURSE. January 2019 at ICCR Kolkata.
- 6. TIPS MEDANTA.SEASON 3, October 2018.
- 7. ESTHETIC XPRESS INTERNATIONAL CONFERENCE ON AESTHETICS AND ANTI AGING at Pullman new Delhi in April 2018
- 8. AESURG ISAPS SYMPOSIUM at Udaipur Feb 2018
- 9. Chemical Peel workshop. 51st APSICON at AIIMS New Delhi 2016
- 10. APSICON 2016. 51st Annual conference of association of plastic surgeons of India, New Delhi.
- 11. WCNS 2016 at New Delhi Feb. 2016
- 12. FACECON 2015 , at New Delhi
- 13. BASIC COURSE ON MICROSURGICAL TECHNIQUES ,by Ethicon ,at New Delhi March 2015
- 14. APSICON 2014-APSI-“Ethicon Accredited Instructional Course on Aesthetic Surgery” conducted by Burns & Plastic Surgery, LNJP, New Delhi.
- 15. NABICON 2014- 22Nd Annual Conference of National Academy of Burns- India at Safdarjung Hospital & Scope Complex, New Delhi.
- 16. APSICON 2014 , 49 The annual conference of association of plastic surgeons of India, at PGIMER Chandigarh in OCT 2014
- 17. CME And Live Workshop on Rhinoplasty, Sir Gangaram Hospital, New Delhi, 13th-14th Dec 2014